

# Kumler Neighborhood Ministries Need List

## Pantry Needs

- Canned Vegetables
- Canned Fruit
- Canned Soup
- Pork & Beans
- Macaroni & Cheese
- Tea Bags
- Cereal
- Peanut Butter
- Jelly
- Saltine Crackers
- Chilli
- Canned Meats
- Spaghetti
- Spaghetti Sauce

## Personal Items

- Deodorant
- Bar Soap
- Toothpaste
- Toothbrushes
- Shampoo
- Disposable Razors
- Sanitary Supplies

## Children's Items

- Summer Clothing
- Books
- Small Toys & Games

## Baby Items

- Gowns & Sleepers
- Receiving Blankets
- Crib Blankets
- Booties & Socks
- Disposable Diapers
- Baby Wipes
- Similac with Iron
- Baby Bottles

## Urgent

- Sanitary Supplies
- Diapers – #4 & #5
- Deodorant
- Shampoo
- Tooth Brushes
- Tooth Paste

## Diabetic Items

- Whole Wheat Crackers
- Whole Wheat cereals
- Oatmeal (not instant)
- Whole Wheat bread
- Splenda, Equal or Sweet & Low Diet Soda
- Bottled water
- Unsweetened canned fruit Canned vegetables
- Smart Beat or Smart Balance margarines
- Sugar free Jell-O and puddings
- Sugar free syrups (like log cabin or cottage grove)
- Sugar free jellies
- Low fat pancake mix (bisquick)
- Mustard, catsup, low fat/fat free mayonnaise
- Low fat/fat free salad dressings
- Spices: cinnamon, garlic powder, basil, oregano, pepper Toothpaste—oral health is a very important factor in diabetic care